Thankfulness Countdown

What You Need

+ This worksheet
+ Pencil or crayons

What to Do

1. Set the Scene: Sometimes we focus so much on what we don't have, we forget all the blessings God has already given us. This activity helps us "hunt" for the treasures in our own life.

2. Draw or Write: In 3 minutes, draw or list as many things as you can that you are thankful for. These can be people, places, experiences, talents, or even little everyday things like "a sunny day" or "playing with my dog."

3. When the timer stops, share a few items from your list or drawings with the group or a grown-up.

4. Extra Challenge: Circle at least 3 things on your list that money can't buy, and thank God for them right now.

Reflection

Count how many things on your list that money can buy, and how many money can't buy. What do you notice?

I'm thankful for...