Try and Learn Experiment

What You Need

+ A pencil or crayon
+ This worksheet

What to Do

Option 1: Reflect on something you did.
Think of something you did recently that didn't go exactly as planned. Maybe you baked cookies, built with blocks, played a sport, or tried a new chore. Write it down and answer the questions on the following page.

Option 2: Do something new.
If nothing comes to mind, go ahead and do something simple right now. Here are some fun ideas you can try quickly:

+ Stack coins or blocks to see how tall you can make a tower before it tips over.
+ Balance on one foot and see how long you can stay up.
+ Fold a paper airplane and see how far it flies.
+ Draw a picture using only your non-writing hand.
+ Pour water into a cup with your eyes closed (with a grown-up nearby).

Answer These Questions

1. What did I do?

2. What happened the first time?

3. What did I learn?

4. What would I do differently if I did it again?